



“The Heart of the Matter is a Matter of the Heart!”

COLOSSIANS 3:15 ¹⁵ *And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful. ¹⁶ Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with gratitude in your hearts to the Lord. ¹⁷ And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God the Father through Him.*

1. A heart ruled by Christ’s peace.

John 14:27

John 16:33

Ephesians 2:14

Three dimensions of peace:

S_____ Peace- between man and God

P_____ Peace- peace within

R_____ peace- peace among mankind.

Only Christ can bring true peace to the human heart.

The choice is up to the believer.

It is a command...”Let”

- **A Choice** - Let it r_____.
“rule” = u_____.
- **The Reason** - We are members of o____ body.
- **The Response** - Be Thankful.

Philippians 4:6-7

2. A heart r_____ with the Words of Christ.

- **A Choice** - Let it d_____.
Deuteronomy 11:18
Psalm 119:11
Colossians 3:16
John 15:7
- **The Reason** - To t_____ & admonish one another with wisdom.
- **The Evidence** - A s_____ spirit.
Psalm 95:1-2

3. A heart that does a___ in the name of the Lord Jesus Christ.

- **A Choice** - Do a___!
- **The Reason** - The name of Jesus is the o_____ name that God accepts.
- **The Response** - G_____ - Giving Thanks.

Brene` Brown, *"It's not joy that makes us grateful. It's gratitude that make us joyful."*

Ephesians 5:20

Peace in your hearts will lead to praise and thanksgiving from your lips, and an attitude of continual thankfulness to God promotes peace in the body of Christ.

GRATITUDE FLOWS FROM GOD'S P_____.

1. Gratitude involves benefit - there has to be a gift.
Psalm 103
2. Gratitude requires a benefactor.
3. There has to be a beneficiary.

GRATITUDE GROWS IN H_____.

In a Christian framework, ingratitude is not just a psychological problem. It's a sin.

GRATITUDE LEADS TO A LIFE OF B_____.

ASSIGNMENTS:

1. Write a “gratitude letter” to someone who has impacted your life.
2. Pray your own benedictions- each night write down 4 blessings.